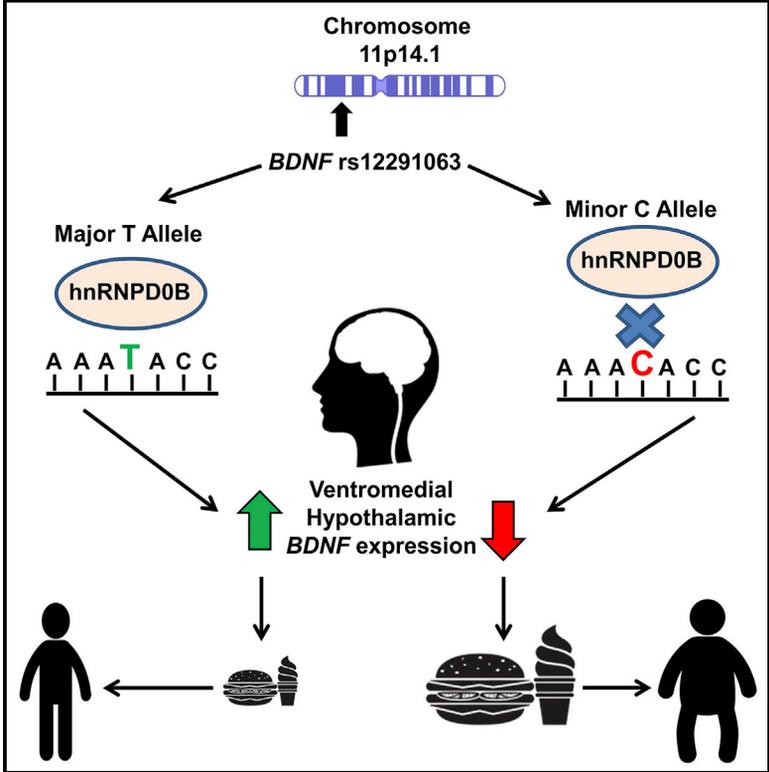


Human Obesity Associated with an Intronic SNP in the Brain-Derived Neurotrophic Factor Locus

Graphical Abstract



Authors

Zongyang Mou, Thomas M. Hyde, Barbara K. Lipska, ..., Joel E. Kleinman, Jack A. Yanovski, Joan C. Han

Correspondence

jhan14@uthsc.edu

In Brief

Mou et al. show that brain-derived neurotrophic factor (*BDNF*) rs12291063 minor C allele disrupts binding and transactivation by the transcriptional regulator, heterogeneous nuclear ribonucleoprotein D0B, and it is associated with lower ventromedial hypothalamic *BDNF* expression and obesity. *BDNF* augmentation may be specifically beneficial for treating obesity in individuals with the CC genotype.

Highlights

- *BDNF* rs12291063 minor C allele is associated with obesity in children and adults
- Minor C allele disrupts binding and transactivation by hnRNP D0B
- Minor C allele is associated with lower human hypothalamic *BDNF* expression
- *BDNF* augmentation could be a CC genotype-specific targeted therapy for obesity



Human Obesity Associated with an Intronic SNP in the Brain-Derived Neurotrophic Factor Locus

Zongyang Mou,^{1,2} Thomas M. Hyde,^{3,4,5} Barbara K. Lipska,⁶ Keri Martinowich,^{3,4} Peter Wei,^{1,7} Chiew-Jen Ong,^{1,7} Lindsay A. Hunter,^{1,7} Gladys I. Palaguachi,^{1,7} Eva Morgun,^{1,2} Rujia Teng,¹ Chen Lai,^{1,7} Tania A. Condarco,² Andrew P. Demidowich,² Amanda J. Krause,² Leslie J. Marshall,⁸ Karin Haack,⁹ V. Saroja Voruganti,^{9,10} Shelley A. Cole,⁹ Nancy F. Butte,¹¹ Anthony G. Comuzzie,⁹ Michael A. Nalls,¹² Alan B. Zonderman,¹³ Andrew B. Singleton,¹² Michele K. Evans,¹⁴ Bronwen Martin,¹⁵ Stuart Maudsley,^{16,17,18} Jack W. Tsao,^{2,7,19} Joel E. Kleinman,^{3,4,5} Jack A. Yanovski,² and Joan C. Han^{1,2,20,21,*}

¹Unit on Metabolism and Neuroendocrinology

²Section on Growth and Obesity

Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), NIH, Bethesda, MD 20892, USA

³The Lieber Institute for Brain Development

⁴Department of Psychiatry and Behavioral Sciences

⁵Department of Neurology

Johns Hopkins University School of Medicine, Baltimore, MD 21205, USA

⁶Human Brain Collection Core, National Institute of Mental Health (NIMH), NIH, Bethesda, MD 20892, USA

⁷Departments of Neurology and Physical Medicine and Rehabilitation, Uniformed Services University of the Health Sciences, Bethesda, MD 20814, USA

⁸Preclinical Microbicide & Prevention Research Branch, National Institute of Allergy and Infectious Diseases, NIH, Bethesda, MD 20892, USA

⁹Department of Genetics, Texas Biomedical Research Institute and Southwest National Primate Research Center, San Antonio, TX 78245, USA

¹⁰Department of Nutrition and UNC Nutrition Research Institute, University of North Carolina, Chapel Hill, Kannapolis, NC 28081, USA

¹¹USDA/ARS Children's Nutrition Research Center, Baylor College of Medicine, Houston, TX 77030, USA

¹²Molecular Genetics Section, National Institute of Aging (NIA), Bethesda, MD 20892, USA

¹³Behavioral Epidemiology Section

¹⁴Health Disparities Research Section

¹⁵Metabolism Unit

¹⁶Receptor Pharmacology Unit

NIA, Baltimore, MD 21224, USA

¹⁷Translational Neurobiology Group, VIB Department of Molecular Genetics

¹⁸Laboratory of Neurogenetics, Institute Born-Bunge

University of Antwerp, 2610 Wilrijk, Belgium

¹⁹Department of Neurology

²⁰Department of Pediatrics

University of Tennessee Health Science Center, Memphis, TN 38163, USA

²¹Children's Foundation Research Institute, Le Bonheur Children's Hospital, Memphis, TN 38103, USA

*Correspondence: jhan14@uthsc.edu

<http://dx.doi.org/10.1016/j.celrep.2015.09.065>

This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>).

SUMMARY

Brain-derived neurotrophic factor (BDNF) plays a key role in energy balance. In population studies, SNPs of the *BDNF* locus have been linked to obesity, but the mechanism by which these variants cause weight gain is unknown. Here, we examined human hypothalamic *BDNF* expression in association with 44 *BDNF* SNPs. We observed that the minor C allele of rs12291063 is associated with lower human ventromedial hypothalamic *BDNF* expression ($p < 0.001$) and greater adiposity in both adult and pediatric cohorts (p values < 0.05). We further demonstrated that the major T allele for rs12291063 possesses a binding capacity for the transcriptional regulator, heteroge-

neous nuclear ribonucleoprotein D0B, knockdown of which disrupts transactivation by the T allele. Binding and transactivation functions are both disrupted by substituting C for T. These findings provide a rationale for BDNF augmentation as a targeted treatment for obesity in individuals who have the rs12291063 CC genotype.

INTRODUCTION

Genetic factors play a role not only in the predisposition to obesity (Loos, 2012), but also in the effectiveness of obesity treatments (Choquet and Meyre, 2011). Genetic variation of the brain-derived neurotrophic factor (*BDNF*) locus is an important potential therapeutic target because BDNF plays a key role in energy

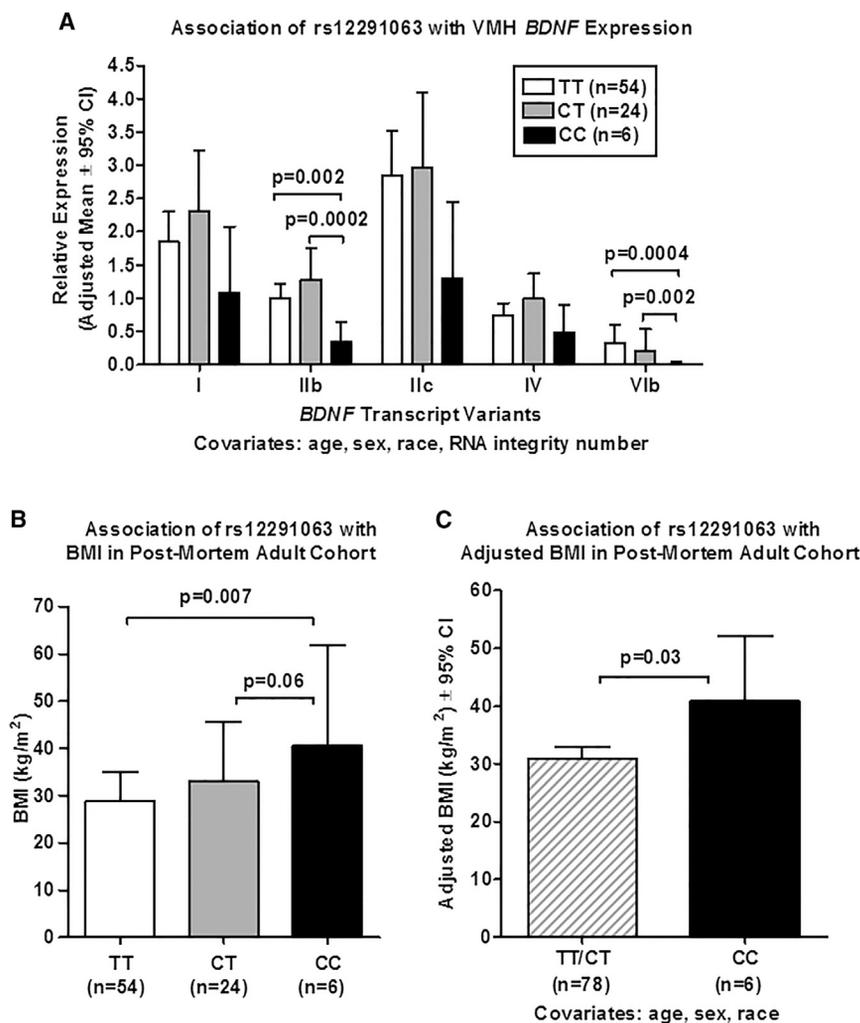


Figure 1. Association of *BDNF* rs12291063 CC Genotype with Lower VMH *BDNF* Expression and Higher BMI in a Post-mortem Adult Cohort

(A) ANCOVAs compared *BDNF* expression (transcripts shown in Figure S1) by rs12291063 genotype in 84 subjects (Table S1). Overall *p* values for each transcript were as follows: I (*p* = 0.11), IIb (*p* = 0.00097), IIc (*p* = 0.06), and VIb (*p* = 0.002). Post hoc LSD pair-wise comparisons were performed for transcripts with significant overall *p* values (IIb and IVb). CC subjects had lower expressions of transcripts IIb and VIb. Adjusted means \pm 95% confidence intervals of back-transformed log-expression data (normalized to the geometric mean of *ACTB*, *B2M*, and *GUSB*) are shown.

(B) BMI (log-transformed to normalize) was compared by ANOVA (overall *p* = 0.02), with post hoc LSD showing no difference in BMI between CT and TT (*p* = 0.19), higher BMI in CC versus TT (*p* = 0.007), and a trend toward higher BMI in CC versus CT (*p* = 0.06). Medians (interquartile ranges) are shown.

(C) Subjects with the rs12291063 CC genotype had higher BMI compared to combined TT and CT subjects (*p* = 0.03). TT and CT individuals were grouped together because of similar *BDNF* expression and BMI. Adjusted means \pm 95% confidence intervals of back-transformed data are shown.

RESULTS

The rs12291063 CC Genotype Is Associated with Decreased *BDNF* Expression in Human VMH

Relative expressions of the five most abundant *BDNF* transcripts in human

hypothalamus (I, IIb, IIc, IV, and VIb) (Han et al., 2008) were measured by quantitative real-time PCR in postmortem human VMH-region tissue obtained from 84 adults (Table S1). Subjects were genotyped for 44 SNPs within or near the *BDNF* locus (Table S2). Of the 44 SNPs examined, only rs12291063 was significantly associated with *BDNF* expression after correction for multiple comparisons. Minor allele rs12291063 CC genotype was significantly associated with lower *BDNF* transcript IIb and nominally associated with lower *BDNF* transcript VIb expressions (Figure 1A). Upstream of coding exon IX, rs12291063 is located within the intron between noncoding exons VIII and VIIIh (Figure S1). Additional *BDNF* SNPs showing nominal associations with *BDNF* expression that were not significant after correction for multiple comparisons are indicated in Table S2. Because minor allele frequency (MAF) for rs12291063 is higher in African-American compared to Non-Hispanic Caucasian subjects, we confirmed the nominal associations of rs12291063 with *BDNF* transcripts IIb and VIb in the sub-cohort of 54 African-American subjects (*p* = 0.002 and *p* = 0.006, respectively).

homeostasis by functioning as a downstream regulator of the leptin-proopiomelanocortin pathway (Xu et al., 2003). *Bdnf*^{+/-} mice (Lyons et al., 1999) and *BDNF*^{+/-} humans (Han et al., 2008) exhibit hyperphagic behavior and obesity. *BDNF* is abundantly expressed in the ventromedial hypothalamus (VMH) (Xu et al., 2003), and selective deletion of *Bdnf* from the VMH and dorsomedial hypothalamus leads to obesity in mice (Unger et al., 2007). In human studies, associations have been observed between obesity and SNPs of the *BDNF* gene locus, most of which are intronic (Gong et al., 2013; Speliotes et al., 2010).

With the emerging evidence that non-coding genetic variants play an important role in gene regulation (Cooper, 2010), we hypothesized that SNPs within intronic regions of the *BDNF* locus could alter hypothalamic *BDNF* expression and, thereby, influence energy balance and serve as potential therapeutic targets for genotype-specific treatment of obesity. We examined the association of the *BDNF* locus SNPs with human VMH *BDNF* expression and body composition in multiple pediatric and adult cohorts. We then investigated the mechanistic role of intronic SNP rs12291063, which emerged as the strongest predictor of hypothalamic *BDNF* expression and body mass index (BMI).

hypothesis that SNPs within intronic regions of the *BDNF* locus could alter hypothalamic *BDNF* expression and, thereby, influence energy balance and serve as potential therapeutic targets for genotype-specific treatment of obesity. We examined the association of the *BDNF* locus SNPs with human VMH *BDNF* expression and body composition in multiple pediatric and adult cohorts. We then investigated the mechanistic role of intronic SNP rs12291063, which emerged as the strongest predictor of hypothalamic *BDNF* expression and body mass index (BMI).

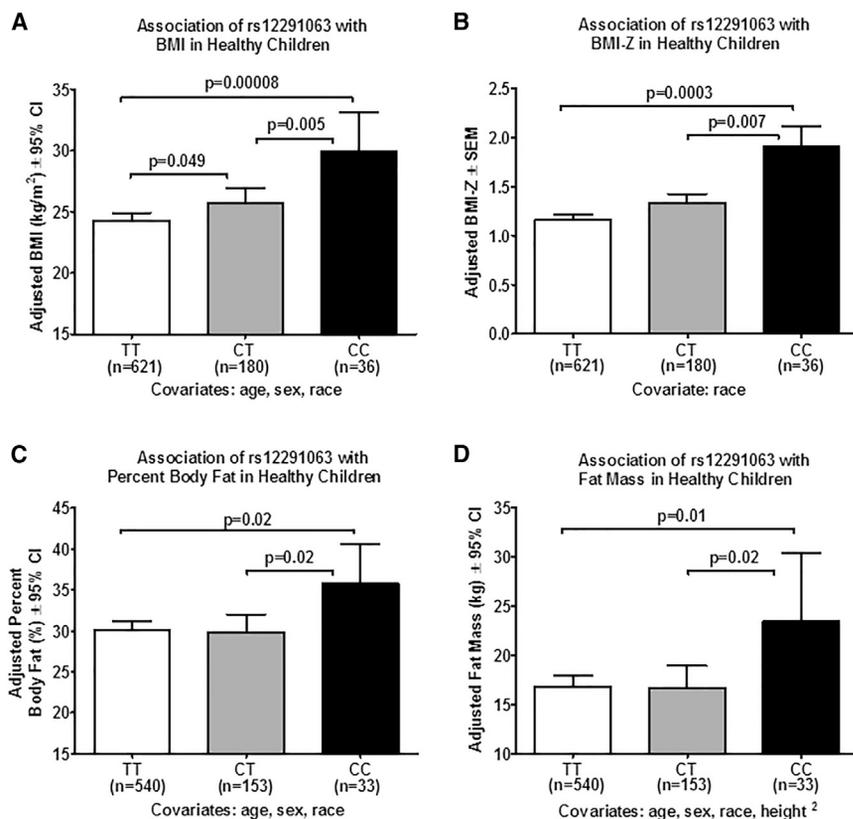


Figure 2. Association of *BDNF* rs12291063 CC Genotype with Higher BMI, BMI-Z, Percentage of Body Fat, and Fat Mass in Children

(A and B) The rs12291063 CC genotype was significantly associated with higher BMI (A) and higher BMI-Z (B) in a cohort of 837 healthy children (Table S4).

(C and D) Among 726 subjects who underwent body composition analysis (451 by dual-energy X-ray absorptiometry and 275 by air-displacement plethysmography), the rs12291063 CC genotype was associated with significantly higher percentage of body fat (C) and higher fat mass (D). ANCOVAs were performed followed by post hoc pair-wise LSD comparisons when overall p values were significant (overall p values for BMI, BMI-Z, percentage of body fat, and fat mass were 0.0002, 0.001, 0.04, and 0.04, respectively; only significant p values from post hoc pair-wise comparisons are shown in the figures). Adjusted means ± 95% confidence intervals of back-transformed BMI, percentage of body fat, and fat mass data are shown. Adjusted means ± SEM of BMI-Z data are shown.

rs12291063 MAF for C was 0.30. In one-tailed replication analyses, the number of C alleles was positively associated with percentage fat (adjusted for age, sex, and the first ten component vectors

from multidimensional scaling to account for population substructure; $p = 0.02$, $\beta = +0.01$) and fat mass (additionally adjusted for height²; $p = 0.04$, $\beta = +0.06$), and a trend toward association was observed for BMI ($p = 0.07$, $\beta = +0.02$).

Healthy Pediatric Cohort

The association between rs12291063 and obesity was further studied in a cohort of 837 healthy children (age 12.6 ± 3.3 years; 58% female; 53% Non-Hispanic Caucasian, 36% African-American; BMI-Z 1.24 ± 1.18) recruited as volunteers for clinical studies at the NIH (Table S4). The rs12291063 MAF for C was 0.02, 0.34, and 0.17 for Non-Hispanic Caucasian, African-American, and Asian/Hispanic/other subjects, respectively. Genotype distributions within racial/ethnic subgroups were consistent with Hardy-Weinberg equilibrium (HWE) (p values > 0.05). The rs12291063 CC subjects had significantly higher BMI and higher BMI-Z than CT and TT subjects (p values < 0.01 ; Figures 2A and 2B). BMI also was higher in the CT subjects compared to the TT subjects ($p = 0.049$), but BMI-Z was not significantly different ($p = 0.13$). We also confirmed the association of rs12291063 with BMI-Z in the sub-cohort of African-American children ($p = 0.04$ in one-tailed analysis; data not shown). Among 726 children who underwent body composition analysis, subjects with the rs12291063 CC genotype had a significantly greater percentage of body fat and fat mass compared to the CT and TT subjects (p values < 0.05 ; Figures 2C and 2D). CT and TT subjects had similar adjusted percentage of body fat ($p = 0.84$) and similar adjusted fat mass ($p = 0.96$).

The rs12291063 CC Genotype Is Associated with Greater BMI and Adiposity Postmortem Adult Cohort

Subjects with the rs12291063 CC genotype had significantly greater BMI compared to subjects with the TT genotype ($p = 0.007$; Figure 1B) and a trend toward greater BMI compared to CT subjects ($p = 0.06$; Figure 1B). BMI was not significantly different between CT and TT groups ($p = 0.19$). After adjustment for age, sex, and race, the CC genotype remained significantly associated with higher BMI when compared with combined CT and TT subjects ($p = 0.03$; Figure 1C). We also confirmed the association of rs12291063 with BMI in the sub-cohort of African-American subjects ($p = 0.04$ in one-tailed analysis; data not shown).

Adult African-American Cohorts

Because the MAF of rs12291063 is higher in African-American compared to Caucasian cohorts (Sherry et al., 2001), we examined the association between rs12291063 and obesity in a sample of 29,151 adult subjects of African-American race who were enrolled in the Population Architecture using Genomics and Epidemiology (PAGE) consortia study (Gong et al., 2013). The rs12291063 MAF for C was 0.30 in this cohort. The number of C alleles was positively associated with BMI (adjusted for age, sex, study site, and ancestry principal components; $p = 0.00008$, $\beta = +0.007$; Table S3).

In a sample of 677 adult subjects of African-American race who were enrolled in the Healthy Aging in Neighborhoods of Diversity across the Life Span (HANDLS) study (Evans et al., 2010),

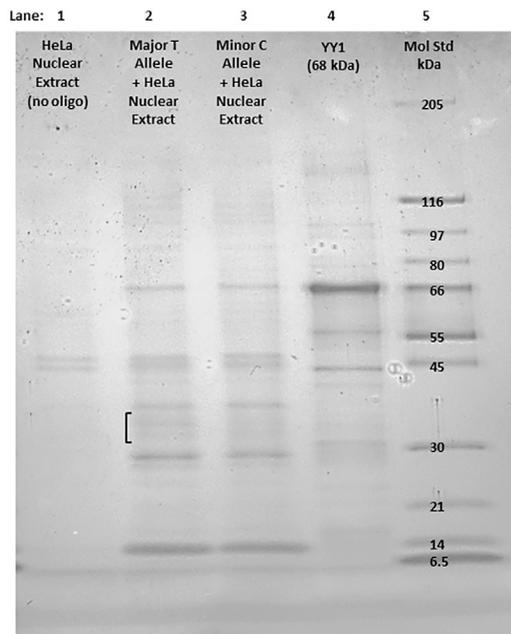


Figure 3. Nuclear Extract Proteins between 30 and 40 kDa Size with Greater Binding to the Major T Allele of rs12291063

(Lane 1) No-oligonucleotide control showing nonspecific binding of nuclear proteins to the beads. (Lanes 2 and 3) Black bracket shows bands between 30 and 40 kDa in size that appear higher in intensity for the T allele (lane 2) probe compared to the C allele (lane 3) probe. [Table S5](#) shows the isolated proteins identified by mass spectrometry. (Lane 4) YY1 protein was selected as an ubiquitous transcription factor to serve as an additional molecular weight standard (68 kDa). (Lane 5) Molecular weight standard is shown.

Replication in a Pediatric Hispanic Cohort

In a sample of 813 pediatric subjects of Hispanic ethnicity who were enrolled in the Viva La Familia Study ([Butte et al., 2006](#)) at Baylor College of Medicine, the rs12291063 MAF for C was 0.33. In one-tailed replication analyses, the number of minor C alleles was positively associated with BMI (adjusted for age and sex; $p = 0.04$, $\beta = +0.09$), a trend toward association was observed for BMI-Z ($p = 0.08$, $\beta = +0.07$) and fat mass (additionally adjusted for height²; $p = 0.09$, $\beta = +0.07$), and no significant association was observed for percentage of body fat ($p = 0.19$).

Transcriptional Enhancer hnRNP0B Binds Preferentially to Major T Allele Sequence at rs12291063 Locus

To examine the mechanism through which rs12291063 might alter *BDNF* expression and lead to obesity, we used Genomatrix SNPInspector software to predict potential transcription factor binding at the rs12291063 locus, and we found that its major T allele sequence matches the AAATACC motif of the Mt site, located upstream of the human *DES* gene. Mt binds to an unidentified nuclear extract protein, designated as Mt-binding factor, that is required for full transcriptional activity of *DES* ([Gao et al., 1998](#)).

We hypothesized that the T allele for SNP rs12291063 is a binding site for a transcriptional regulatory protein and that presence of the C allele decreases binding of this protein. We per-

formed a streptavidin-agarose bead pull-down procedure ([Deng et al., 2003](#)) to isolate HeLa nuclear proteins that bind preferentially to the T allele sequence of rs12291063. We observed that protein bands between 30 and 40 kDa in size were more intense for the T allele compared to the minor C allele ([Figure 3](#)). Sequencing by mass spectrometry of nuclear proteins that bound to the major T allele of rs1229063 identified a total of 23 proteins ([Table S5](#)). From this list, we selected heterogeneous nuclear ribonucleoprotein (hnRNP)D0B (NP_002129.2; AAB96683.1) as the most likely candidate protein because of its molecular weight (~32 kDa), relative abundance (11.3%), high binding affinity to DNA in a sequence-specific manner, and known role as a transcriptional enhancer ([Tolnay et al., 1999, 2000](#)).

To confirm that hnRNP0B binds to the rs12291063 locus, we conducted electrophoretic mobility shift assay (EMSA) experiments. We observed that an HeLa nuclear protein bound preferentially to the T allele sequence versus the C allele sequence of rs12291063, with 50% lower binding intensity for the minor allele sequence ($p < 0.0001$; [Figures 4A and 4B](#)). Competition assays with unlabeled T allele probe showed significantly diminished intensity of the labeled major T probe-protein band (p values < 0.006 ; [Figures 4A and 4B](#)), but no diminution from unlabeled C allele probe (p values > 0.11 ; [Figures 4A and 4B](#)), confirming that the observed DNA-protein band for the T allele probe is sequence specific and that the nuclear protein has a higher affinity for the T allele over the C allele.

We proceeded to perform supershift experiments using a mouse monoclonal pan-anti human hnRNP antibody ([Figure 4C](#)). The primary DNA-protein band was diminished by the addition of a pan-hnRNP antibody and a supershifted complex formed. In contrast, mouse IgG did not alter the primary DNA-protein band, which confirmed the specificity of the observed supershift. A similar pattern was observed for both the T and C allele sequences of rs12291063, but the band intensities were lower for the C allele, consistent with its decreased binding capability for an hnRNP.

We then performed EMSA supershift experiments using purified recombinant hnRNP0B protein ([Figure 4D](#)). We observed that hnRNP0B bound to both the T and C allele sequences, but with lower intensity for the C allele sequence. These DNA-protein complexes were supershifted by the addition of a pan-hnRNP antibody, but the supershifted band intensities still remained consistently lower for the C allele. The addition of mouse IgG induced supershifted bands of comparatively lower molecular weight to form, but the original DNA-protein complexes were still present, suggesting that IgG nonspecifically binds to a site on the biotin-labeled oligonucleotides distinct from the DNA site that binds hnRNP0B.

Minor C Allele of rs12291063 Decreases Luciferase Reporter Gene Expression

Because hnRNP0B has been shown to enhance transcription in vitro ([Tolnay et al., 2000](#)), we hypothesized that substitution of T with C at rs12291063 leads to decreased binding of hnRNP0B, resulting in decreased gene expression. We cloned the T or C allele and the identical 250-bp flanking sequence of rs12291063 into pGL3-SV40 luciferase reporter vectors

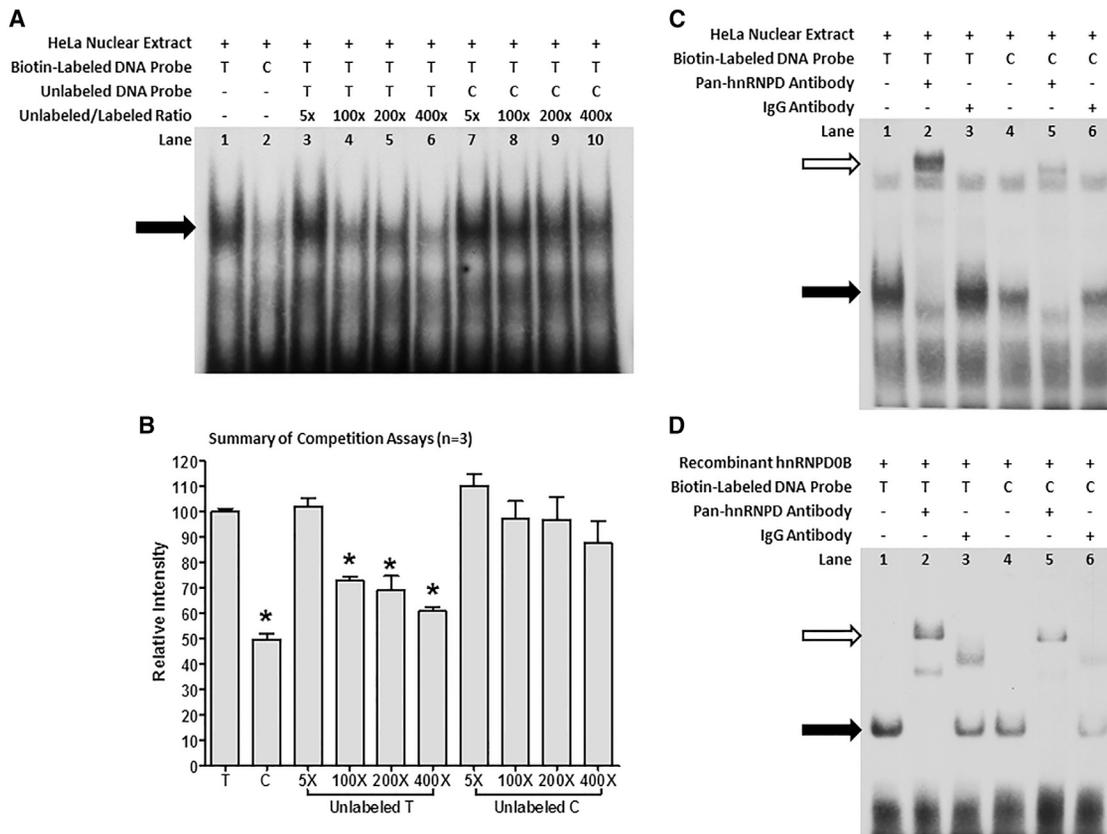


Figure 4. Preferential Binding of Transcriptional Enhancer hnRNPDOB to the Major T Allele of rs12291063

(A and B) EMSAs were performed using HeLa nuclear extract and biotin-labeled oligos containing the major and minor alleles of rs12291063. The major T oligo bound to nuclear protein to form a band (lane 1, black arrow) that was twice as intense ($p < 0.0001$; B) as the minor C oligo-protein band (A, lane 2). Competition assays with 100–400 \times unlabeled T-oligo showed significantly diminished intensity of the labeled T oligo-protein band (A, lanes 4–6; p values < 0.006 ; B), but not with unlabeled C-oligo even at 400 \times excess (A, lanes 7–10; p values > 0.11 ; B). Mean \pm SEM is shown for three experiments, for which (A) is a representative gel ($*p < 0.01$ for post hoc LSD after ANOVA).

(C) In EMSA supershift experiments ($n = 3$, representative gel in C), the oligo-protein band (C, lane 1, black arrow) was diminished by the addition of pan-hnRNP antibody and a supershifted complex formed (C, lane 2, white arrow). Normal mouse IgG did not alter the oligo-protein band (C, lane 3). A similar pattern was observed for the C-oligo (C, lanes 4–6), but with lower band intensities.

(D) In EMSAs using hnRNPDOB ($n = 3$, representative gel in D), binding was observed for the T (D, lane 1) and C (D, lane 4) oligos, and the DNA-protein complexes were supershifted by the addition of pan-hnRNP (D, lanes 2 and 5), but the band intensities were lower for the C oligo. The addition of IgG (D, lanes 3 and 6) generated supershifted bands of comparatively lower molecular weight, but the original DNA-protein bands remained.

(Figure 5A) in HEK293 cells. The construct containing the C allele exhibited 46% lower luciferase activity compared to the construct containing the T allele ($p = 0.003$; Figure 5B).

Transactivation Function of the Major T Allele of rs12291063 Is Disrupted by Reduction of hnRNP Protein Expression

We performed small interfering RNA (siRNA)-mediated knock-down of hnRNPDOB to confirm that the observed decrease in expression was due to diminished hnRNPDOB binding at the C allele. *siHNRPD* significantly decreased hnRNP protein expression ($p < 0.01$) in both T and C allele construct-containing cells (Figure 5C). The *siHNRPD* treatment was associated with 22% lower luciferase expression induced by the major T allele compared to siControl ($p < 0.01$; Figure 5D). However, there was no significant difference in luciferase expression between

siHNRPD and siControl in cells containing the minor C allele ($p = 0.2$; Figure 5D), thus supporting a specific transactivation activity induced by binding of hnRNPDOB with the major T allele of rs12291063. Furthermore, cells co-transfected with the minor C allele and siControl showed a significant decrease in luciferase activity compared to cells co-transfected with the major T allele and siControl ($p = 0.000005$; Figure 5D), which serves as secondary confirmation that the minor C allele causes decreased gene expression.

DISCUSSION

We observed that the rs12291063 CC genotype was associated with lower expressions of *BDNF* transcripts IIb and VIb in human VMH and higher BMI and adiposity in multiple racially diverse pediatric and adult cohorts. Our in vivo and clinical findings indicate

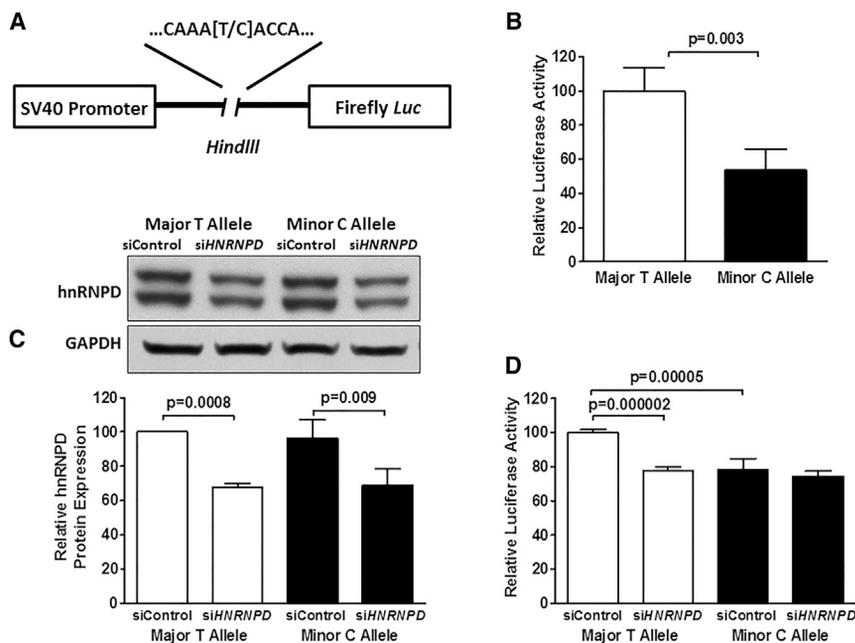


Figure 5. Decreased rs12291063 Minor C Allele Luciferase Reporter Gene Expression and Disruption of Transactivation Function of the Major T Allele by Reduction in HnRNP Protein Expression

(A) The 250-bp sequences containing either the T allele or the C allele of rs12291063 were each cloned into a pGL3 luciferase reporter vector driven by an SV40 promoter at the *HindIII* site.

(B) HEK293 cells transiently transfected with the minor C allele construct exhibited 46% lower Firefly luciferase activity (normalized to co-transfected Renilla luciferase) compared to cells transfected with the major T allele construct (n = 12 replicates; p = 0.003).

(C) Cells were transiently transfected with either the T or C allele rs12291063 construct along with *HNRNPD* siRNA (*siHNRNPD*) or Control siRNA (*siControl*), and they were subjected to western blot to detect the protein expression level of hnRNP (normalized to GAPDH). Cells containing the T allele construct and *siHNRNPD* exhibited an average of 33% lower hnRNP protein expression compared to matched cells with *siControl* (n = 4; p = 0.0008). Cells containing the C allele construct and *siHNRNPD* exhibited an

average of 29% lower hnRNP protein expression compared to matched cells with *siControl*s (n = 4; p = 0.009).

(D) Parallel transfections from (C) were carried out to assess luciferase activity. Cells with the T allele construct and *siHNRNPD* exhibited 22% lower Firefly luciferase expression compared to the T allele construct with *siControl* (n = 8; p = 0.000002). Cells containing the C allele construct with *siHNRNPD* exhibited comparable luciferase expression compared to the C allele construct with *siControl* (n = 8; p = 0.2). Cells with the T allele construct and *siControl* exhibited 22% lower Firefly luciferase expression compared to cells with the C allele construct and *siControl* (n = 8; p = 0.000005). Two-tailed, independent sample t tests were performed and means ± SEMs are shown.

that *BDNF* rs12291063, which had an MAF of ~30% within our Hispanic and African-American cohorts, could play an important role in the pathogenesis of obesity in these populations. Mechanistically, our data suggest that diminished binding of hnRNP0B at the rs12291063 locus in individuals with the CC genotype could cause decreased *BDNF* mRNA expression and protein concentrations within the hypothalamus, potentially leading to excessive energy intake and weight gain.

Regulation of *BDNF* expression is complex, with multiple promoters responding to a variety of control mechanisms, giving rise to distinctly regulated mRNA variants with different brain region expression patterns (Pruunsild et al., 2007; Zheng et al., 2012). *BDNF* transcripts IIb and VIb comprise 38% of the total *BDNF* mRNA expression in the hypothalamus (Han et al., 2008). Thus, decreased expression of these two transcripts could have significant impact on body weight regulation.

Our findings provide a clinically relevant potential mechanism for the obesity risk associated with a common noncoding variant of *BDNF*. Genetic association studies have identified many genetic variants associated with obesity, but their clinical utility for obesity treatment is currently limited (Loos, 2012). Elucidation of the functional consequences of these genetic variants are needed to advance personalized remedies targeting specific deficits on an individual basis (El-Sayed Moustafa and Froguel, 2013). With this goal in mind, our observations could serve as the basis for developing therapies aimed at potentiating hypothalamic *BDNF* signaling as a specific treatment for obesity in individuals who have the rs12291063 CC genotype.

EXPERIMENTAL PROCEDURES

Please see the [Supplemental Experimental Procedures](#) for additional details.

Human Brain Sample Subjects

Brain tissue was obtained from the Offices of the Chief Medical Examiner of Washington, DC, and of Northern Virginia (Clinical Brain Disorders Branch, IRP, NIMH collection) at autopsy from non-neurologic non-psychiatric control subjects who suffered sudden deaths. All the tissues were donated with informed consent from the next of kin. Further details on cohort selection have been reported previously (Lipska et al., 2006). The region of VMH was dissected from frozen brain specimens using anatomic landmarks. The qPCR and SNP genotyping were performed (see the [Supplemental Experimental Procedures](#)).

Human Subjects

The following four cohorts were investigated: (1) adults of African-American race from the PAGE consortia (Gong et al., 2013; Table S3); (2) adults of African-American race from the HANDLS study (Evans et al., 2010); (3) pediatric volunteers participating in clinical studies conducted at the NIH; and (4) children and adolescents of Hispanic heritage from the Viva La Familia longitudinal study (Butte et al., 2006). Informed consent and assent were obtained from adult subjects and parents/guardians of minors. All methods for obtaining clinical data from the subjects were approved by the respective Institutional Review Board at each site.

Bioinformatics

SNPInspector software (Genomatix Software) was used to identify candidate transcription factors at the SNP loci.

Protein Isolation and Identification

A streptavidin-agarose bead pull-down procedure, as previously described (Deng et al., 2003), was used to isolate nuclear proteins that bind at the

rs12291063 locus. Excised gel bands were submitted to Protech for protein isolation and sequencing by mass spectrometry.

EMSAs

The 5'-biotinylated and unlabeled 25-bp oligonucleotides containing the major and minor allele sequences at the rs12291063 locus were obtained from Invitrogen. Recombinant hnRNPD0B protein expressed in *E. coli* was obtained from OriGene Technologies. EMSAs with competition and supershift assays were performed using LightShift Chemiluminescent EMSA kit (Pierce Protein Biology Products) and results were digitized and quantified as previously described (Schneider et al., 2012).

Luciferase Reporter and siRNA Knockdown Assays

The 250-bp sequences containing either the major or the minor allele of rs12291063 were cloned into pGL3 luciferase reporter vector driven by an SV40 promoter (Promega) at the *HindIII* site between the promoter and the firefly *Luc* gene. HEK293 cells were cultured and transiently transfected with the constructs using FuGENE HD Transfection Reagent (Promega). For luciferase activity assay with hnRNPD depletion, HEK293 cells were transiently co-transfected with *HNRP* siRNA or Control siRNA (SignalSilence, Cell Signaling Technology). Dual Luciferase Reporter Assay System (Promega) was used to quantify firefly luciferase activity. Efficiency of siRNA knockdown for hnRNPD was verified by western blot using pan-hnRNP antibody and GAPDH antibody (Santa Cruz Biotechnology).

Statistical Analyses

SPSS Statistics Version 17.0 software (IBM) was used for statistical analyses. Univariate analyses of covariance (ANCOVAs) with post hoc pair-wise least significant difference (LSD) comparisons were performed to assess the association of genotype with *BDNF* expression, BMI, BMI-Z, body fat percentage, and fat mass. EMSA band intensities from three separate experiments were compared using ANOVA with post hoc LSD. Firefly luciferase activity and hnRNP protein expression were compared using two-tailed, independent sample *t* tests.

SUPPLEMENTAL INFORMATION

Supplemental Information includes Supplemental Experimental Procedures, one figure, and five tables and can be found with this article online at <http://dx.doi.org/10.1016/j.celrep.2015.09.065>.

AUTHOR CONTRIBUTIONS

Z.M., T.M.H., B.K.L., K.M., P.W., C.-J.O., L.A.H., G.I.P., E.M., R.T., C.L., L.J.M., J.W.T., J.E.K., J.A.Y., and J.C.H. planned and performed experiments. T.A.C., A.P.D., and A.J.K. enrolled subjects in NIH clinical studies and performed the associated experiments. K.H., V.S.V., S.A.C., N.F.B., and A.G.C. enrolled subjects in the Viva la Familia Study and performed the associated experiments. M.A.N., A.B.Z., A.B.S., M.K.E., B.M., and S.M. enrolled subjects in the HANDLS study and performed the associated experiments. J.E.K., J.A.Y., and J.C.H. conceived the study. Z.M., J.W.T., J.E.K., J.A.Y., and J.C.H. wrote the manuscript with input from all authors.

ACKNOWLEDGMENTS

This research was supported by the Intramural Research Program of NICHD and NIMH with supplemental funding from the NIH Bench to Bedside Program to J.C.H. and the National Institute of Minority Health and Health Disparities to J.A.Y. The Viva la Familia studies were supported by the NIH (R01 DK59264 and R01 DK080457 to N.F.B.). A.J.K. is supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) and the NIH Division of Nutrition Research Coordination. The PAGE program is funded by National Human Genome Research Institute (NHGRI), supported by U01HG004803 (CALiCo), U01HG004798 (EAGLE), U01HG004802 (MEC), U01HG004790 (WHI), and U01HG004801 (Coordinating Center), and their respective NHGRI American Recovery and Reinvestment Act (ARRA) supplements. We thank

Ms. Amy Deep-Soboslay and Drs. Lewellyn B. Bigelow and Mary M. Herman for their contributions in assembling the postmortem human brain cohorts for study, Dr. Amanda Preston for editorial assistance, and the families of the decedents for their generous donation of tissue. J.A.Y. is a Commissioned Officer of the United States Public Health Service. The opinions or assertions contained herein are the private views of the authors and are not to be construed as official or as reflecting the views of the Public Health Service, Department of the Navy, Department of Defense, or Department of Health and Human Services.

Received: September 24, 2014

Revised: August 27, 2015

Accepted: September 23, 2015

Published: October 29, 2015

REFERENCES

- Butte, N.F., Cai, G., Cole, S.A., and Comuzzie, A.G. (2006). Viva la Familia Study: genetic and environmental contributions to childhood obesity and its comorbidities in the Hispanic population. *Am. J. Clin. Nutr.* *84*, 646–654, quiz 673–674.
- Choquet, H., and Meyre, D. (2011). Genetics of Obesity: What have we Learned? *Curr. Genomics* *12*, 169–179.
- Cooper, D.N. (2010). Functional intronic polymorphisms: Buried treasure awaiting discovery within our genes. *Hum. Genomics* *4*, 284–288.
- Deng, W.G., Zhu, Y., Montero, A., and Wu, K.K. (2003). Quantitative analysis of binding of transcription factor complex to biotinylated DNA probe by a streptavidin-agarose pulldown assay. *Anal. Biochem.* *323*, 12–18.
- El-Sayed Moustafa, J.S., and Froguel, P. (2013). From obesity genetics to the future of personalized obesity therapy. *Nat. Rev. Endocrinol.* *9*, 402–413.
- Evans, M.K., Lepkowski, J.M., Powe, N.R., LaVeist, T., Kuczmarski, M.F., and Zonderman, A.B. (2010). Healthy aging in neighborhoods of diversity across the life span (HANDLS): overcoming barriers to implementing a longitudinal, epidemiologic, urban study of health, race, and socioeconomic status. *Ethn. Dis.* *20*, 267–275.
- Gao, J., Li, Z., and Paulin, D. (1998). A novel site, Mt, in the human desmin enhancer is necessary for maximal expression in skeletal muscle. *J. Biol. Chem.* *273*, 6402–6409.
- Gong, J., Schumacher, F., Lim, U., Hindorf, L.A., Haessler, J., Buyske, S., Carlson, C.S., Rosse, S., Bůžková, P., Fornage, M., et al. (2013). Fine Mapping and Identification of BMI Loci in African Americans. *Am. J. Hum. Genet.* *93*, 661–671.
- Han, J.C., Liu, Q.R., Jones, M., Levinn, R.L., Menzie, C.M., Jefferson-George, K.S., Adler-Wailes, D.C., Sanford, E.L., Lacbawan, F.L., Uhl, G.R., et al. (2008). Brain-derived neurotrophic factor and obesity in the WAGR syndrome. *N. Engl. J. Med.* *359*, 918–927.
- Lipska, B.K., Deep-Soboslay, A., Weickert, C.S., Hyde, T.M., Martin, C.E., Herman, M.M., and Kleinman, J.E. (2006). Critical factors in gene expression in postmortem human brain: Focus on studies in schizophrenia. *Biol. Psychiatry* *60*, 650–658.
- Loos, R.J. (2012). Genetic determinants of common obesity and their value in prediction. *Best Pract. Res. Clin. Endocrinol. Metab.* *26*, 211–226.
- Lyons, W.E., Mamounas, L.A., Ricaurte, G.A., Coppola, V., Reid, S.W., Bora, S.H., Wihler, C., Koliatsos, V.E., and Tessarollo, L. (1999). Brain-derived neurotrophic factor-deficient mice develop aggressiveness and hyperphagia in conjunction with brain serotonergic abnormalities. *Proc. Natl. Acad. Sci. USA* *96*, 15239–15244.
- Pruunsild, P., Kazantseva, A., Aid, T., Palm, K., and Timmusk, T. (2007). Dissecting the human *BDNF* locus: bidirectional transcription, complex splicing, and multiple promoters. *Genomics* *90*, 397–406.
- Schneider, C.A., Rasband, W.S., and Eliceiri, K.W. (2012). NIH Image to ImageJ: 25 years of image analysis. *Nat. Methods* *9*, 671–675.
- Sherry, S.T., Ward, M.H., Kholodov, M., Baker, J., Phan, L., Smigielski, E.M., and Sirotkin, K. (2001). dbSNP: the NCBI database of genetic variation. *Nucleic Acids Res.* *29*, 308–311.

- Speliotes, E.K., Willer, C.J., Berndt, S.I., Monda, K.L., Thorleifsson, G., Jackson, A.U., Lango Allen, H., Lindgren, C.M., Luan, J., Mägi, R., et al.; MAGIC; Procardis Consortium (2010). Association analyses of 249,796 individuals reveal 18 new loci associated with body mass index. *Nat. Genet.* **42**, 937–948.
- Tolnay, M., Vereshchagina, L.A., and Tsokos, G.C. (1999). Heterogeneous nuclear ribonucleoprotein D0B is a sequence-specific DNA-binding protein. *Biochem. J.* **338**, 417–425.
- Tolnay, M., Baranyi, L., and Tsokos, G.C. (2000). Heterogeneous nuclear ribonucleoprotein D0 contains transactivator and DNA-binding domains. *Biochem. J.* **348**, 151–158.
- Unger, T.J., Calderon, G.A., Bradley, L.C., Sena-Esteves, M., and Rios, M. (2007). Selective deletion of *Bdnf* in the ventromedial and dorsomedial hypothalamus of adult mice results in hyperphagic behavior and obesity. *J. Neurosci.* **27**, 14265–14274.
- Xu, B., Goulding, E.H., Zang, K., Cepoi, D., Cone, R.D., Jones, K.R., Tecott, L.H., and Reichardt, L.F. (2003). Brain-derived neurotrophic factor regulates energy balance downstream of melanocortin-4 receptor. *Nat. Neurosci.* **6**, 736–742.
- Zheng, F., Zhou, X., Moon, C., and Wang, H. (2012). Regulation of brain-derived neurotrophic factor expression in neurons. *Int. J. Physiol. Pathophysiol. Pharmacol.* **4**, 188–200.